



*Parteen National School*

*Parteen*

*Co. Clare*

*[www.parteenschool.ie](http://www.parteenschool.ie)*

*[parteenoffice@gmail.com](mailto:parteenoffice@gmail.com)*

*(061) 340457*

*Principal: Gerard Ruane*

*Deputy Principal: Mairéad Guckian*

### **Parteen Relationship and Sexuality Education (R.S.E.) Policy and S.P.H.E Plan**

#### **Social, Personal and Health Education (SPHE):**

SPHE provides opportunities for pupils to learn basic personal and social skills which foster integrity, self-confidence and self-esteem while nurturing sensitivity to the feelings and rights of others.

#### **Relationships and Sexuality Education:**

##### **Relationship of RSE to SPHE**

RSE is an integral part of SPHE and seeks to provide children with opportunities to acquire knowledge and understanding of relationships and human sexuality.

Relationships and sexuality education seeks to provide children with opportunities to acquire knowledge and understanding of relationships and human sexuality, through processes which will enable them to form values and establish behaviours within a moral, spiritual and social framework.

## **Guidelines for the Management and Organisation of RSE in our school:**

### **Provision for RSE**

Teaching about relationships and sexuality will be delivered as part of the S.P.H.E Plan, as outlined below. All content objectives will be taught developmentally by the time the children leave Sixth Class. All issues will be discussed with sensitivity, professionalism and awareness of the varying levels of development within a class.

Possible sensitive issues such as naming body parts and sexual intercourse will be covered within the strand units – ‘Taking care of my body’; ‘Growing and changing’ and ‘Safety and Protection’. Specific sensitive issues will be discussed by a guest speaker with the students from Sixth Class every year.

### **Terminology**

We will give children the correct and appropriate terminology as laid down in the SPHE Curriculum. This is outlined in this policy.

### **Planning**

Each teacher follows the ‘Making the Links’ scheme (which combines Stay Safe, RSE and Walk Tall) in conjunction with the planning grid outlined in the SPHE Policy and our local arrangements for class schemes when there are two classes in one room.

### **Answering questions**

Should a pupil require information that is not in line with the curriculum content and not considered to be age-appropriate for the general body of pupils the school will refer him/her to their parent/parents/carers

### **Rights and Responsibilities of Parents/Guardians:**

A parent’s right to withdraw a pupil from sensitive parts of the RSE programme will be honoured on the understanding that the parent is taking full responsibility for this aspect of education. This school Policy is available on the school website and in hard copy in the office. If parents want to withdraw their children from any part of R.S.E., they must ask the class teacher when they are doing RSE topics and make arrangements around this. It is the responsibility of the parent to inform the school in writing of this decision. Parental permission is sought for children to attend the 6th class talk on sensitive issues. As indicated above, the Stay Safe Programme is taught in the school and if parents have questions or concerns about this, they should make an appointment to see the class teacher.

**Confidentiality:**

If a child is withdrawn from the teaching of sensitive issues we cannot guarantee that the other children will not tell or inform him/her about what happened.

**Rights and Responsibilities of Teachers:**

A teacher's right to opt out from teaching the 6<sup>th</sup> class sensitive issues will be honoured. Then provision will be made for these issues to be taught by:

- A colleague.
- A female staff member to the girls and by a male staff member to the boys.
- An external speaker

RSE will be taught: in Junior Infants to Fifth Class by the class teacher as outlined in the SPHE Curriculum and if a member of staff is unavailable to teach the sensitive topics for 6th class as discussed, the BOM will organise a suitable guest speaker.

- Each teacher follows the 'Making the Links' scheme (which combines Stay Safe, RSE and Walk Tall) in conjunction with this planning grid

## Planning Guide for Teachers

### Step 1 Select Strand Units for the year (Year 1 started) in 2014/2015

Strands	Strand Units (Year 1)	Strand Units (Year 2)
<b>Myself</b>	<i>Self-identity (Sept.–Oct.)</i>	
	<i>Taking care of my body(Jan-Feb)</i>	
	<i>Growing and Changing (Mar-April)</i>	
		<i>Safety and Protection (Jan-Feb)-Stay Safe</i>
		<i>Making Decisions (March-April)</i> <i>*This strand unit is for third to sixth only. Infants to second complete the Safety Issues section of Safety and Protection</i>
<b>Myself and others</b>	<i>Myself and My Family (Dec.)</i>	
		<i>My friends and other people (May-June)</i>
		<i>Relating to others (Sept-Oct.)</i>

<b>Myself and the wider world</b>		<i>Media Education (Dec.)</i>
	<i>Developing Citizenship (May-June)</i>	
<b>Anti-Bullying</b>	<b>November</b>	<b>November</b>

**Step 2. Create yearly plan using making the links document along with the RSE and Anti-Bullying lessons.**

**RSE Lessons:**

**Relationships and Sexuality Education: Growing and Changing, Taking Care of My Body**

March/ April each year.

•

Class	Strand/ Strand Unit	Content Objectives	Language	RSE Resource	Other Resources
Junior/Senior	Myself Growing and Changing Taking care of my body	Growing and Changing Become aware of new life and birth in the world Develop an awareness of human birth  Taking care of my body Name parts of the male and female body using anatomical terms	Junior Infants Womb, breast feeding SI Womb, breast feeding Penis, Vagina	New Life p.68 JI My Body p147 SI Caring for new life p137 SI	Anatomical correct dolls  Picture books of new baby
1 <sup>st</sup> /2 <sup>nd</sup>	Myself	Growing and changing	1 <sup>st</sup> Penis, vagina	The wonder of new life	Picture books of going to the doctors

	<p>Growing and Changing Taking care of my body</p>	<p>Begin to understand that reproduction, birth, growth and death are all part of new life cycles</p> <p>Taking care of my body Name the parts of the male and female body using appropriate anatomical terms and identify some of their functions</p>	<p>Womb, breast feeding 2<sup>nd</sup> Penis, vagina Womb, breast feeding Urethra</p>	<p>p59 1<sup>st</sup> and p151 2<sup>nd</sup> How my body works p67 1<sup>st</sup> When my body needs special care p161 2<sup>nd</sup> Growing means changing p77 1<sup>st</sup> p171 2<sup>nd</sup></p>	<p>Life cycles Birth and new life in nature</p>
3 <sup>rd</sup> /4 <sup>th</sup>	<p>Myself Growing and Changing Taking care of my body</p>	<p>Growing and changing Recognise and discuss how feelings and emotions are effected by the physical changes that take place during puberty</p> <p>Taking care of my body Discuss the stages and sequence of development of human baby from conception to birth</p>	<p>3<sup>rd</sup> Penis, vagina Womb, breast feeding Umbilical cord 4<sup>th</sup> Penis, vagina Womb, breast feeding Umbilical cord Changes in puberty</p>	<p>Preparing for new life p69 3<sup>rd</sup> The wonder of new life p169 4<sup>th</sup> As I grow and change p93 3<sup>rd</sup> Growing and changing p195 4<sup>th</sup></p>	<p>Body systems Picture books on growing and changing</p>

5 <sup>th</sup> / 6 <sup>th</sup>	Myself Growing and Changing Taking care of my body	Growing and changing Understand sexual intercourse, conception and birth within the context of a loving committed relationship  Taking care of my body Identify and discuss the physical changes that occur in boys and girls with the onset of puberty and understand that these take place at different rates for everyone Understand the reproductive system of both male and female adults	6 <sup>th</sup> Reproduction language	My body grows and changes p81 5 <sup>th</sup> The wonder of new life p92 6 <sup>th</sup> Caring for new life p103 Different kinds of love p141 6 <sup>th</sup>	Busy Body DVDs Power points recap  Question box  Puberty quizzes
-----------------------------------	--	---	--	--	---

### Anti-Bullying Lessons

**Bullying in a Cyberworld Booklet/Webwise.** This is in addition to the above and not included in ‘Making the Links. There is a booklet between each two teachers at each class level.

Senior Infants: Bullying in a Cyberworld: Bullies Use Mobile Phones p.22-23 plus three other lessons.

1<sup>st</sup>: Bullying in a Cyberworld: Cyberbullying p.20-22 plus three other lessons

2<sup>nd</sup>: Cyberbullying p.23 plus three other lessons.

3<sup>rd</sup> Webwise lessons 1-5 . Interactive lessons available here: [www.webwise.ie/sphe](http://www.webwise.ie/sphe)

4<sup>th</sup> Webwise lessons 6-10 Interactive lessons available here: [www.webwise.ie/sphe](http://www.webwise.ie/sphe)

5<sup>th</sup>: Talk from Gardaí/Guest on Cyberbullying. Cyberbullying explained p.22-23, Jeb’s Blog p.42-59 plus two other lessons

6<sup>th</sup>: Talk from Gardaí/Guest on Cyber bullying. Cyberworld Handbook : Cyberbullying p.24-27, Mobile Phone Image plus two other lessons.

### Step 3 Gather Resources

#### **Sources and Resources:**

We will use the Making the Links planning scheme which combines the RSE, Stay Safe and Walk Tall Programmes. We will also use Bullying in a Cyber World (Prim-Ed).

RSE books are out of print and are on Aladdin in SPHE Folder

Staysafe – see staysafe.ie

Walk Tall. Shared between each class teacher.

Making the Links:

<http://www.staysafe.ie/PDFs/MakingTheLinks.pdf>

Staysafe:

[www.staysafe.ie](http://www.staysafe.ie)

Webwise

[www.webwise.ie/sphe](http://www.webwise.ie/sphe)

RSE

5<sup>th</sup>/ 6<sup>th</sup>

<https://www.education.ie/en/Schools-Colleges/Information/Curriculum-and-Syllabus/Primary-/Resource-Material-for-Relationship-and-Sexuality-Education-5th-and-6th-Clas.pdf>

3<sup>rd</sup>/ 4<sup>th</sup>

<http://www.education.ie/en/schools-colleges/information/curriculum-and-syllabus/primary-/resource-material-for-relationship-and-sexuality-education-3rd-and-4th-clas.pdf>

1<sup>st</sup>/ 2<sup>nd</sup>

<http://www.education.ie/en/Schools-Colleges/Information/Curriculum-and-Syllabus/Primary-/Resource-Material-for-Relationship-and-Sexuality-Education-1st-and-2nd-class-.pdf>

Jl/ SI

<http://www.education.ie/en/schools-colleges/information/curriculum-and-syllabus/primary-/resource-material-for-relationship-and-sexuality-education-.pdf>



The Policy will be placed on our website for parents and our internal database for teachers. A hard copy will be kept in the office.

Ratified by the Board of Management on 24/1/17

Signed:

---

Chairperson